

Walks Around Swannington, Alderford and Attlebridge

No.5 Swannington to Upgate via Swiffers' Lane

Walk distance: 3.7 miles

If you are arriving by car then you can park on the edge of Swannington Common before the old Hastings-Parker water pump.

- With your back to the pump ①, turn **left** up the The Street, under the trees, until you reach St.Margaret's church.
- Turn **right** at the church ② to walk along Church Lane and keep on this road as it passes Swannington Hall.
- Where the roads turns **right** to head towards Swannington Farm to Fork ③ keep straight ahead along a track that runs between two rows of trees.
- Cross over a stile and continue up the hill along the edge of a field that often has pigs in. Cross another stile and continue along the edge of another field.
- At the end of this field cross a third stile through a gap in the hedge and turn immediately **right**, walk a few paces and look for the public footpath across the field in front of you.
- Follow the footpath to Mill Lane ④ and turn **right** to walk along Mill Lane.
- After passing Abbey Lane on the **left** look for a track on the **right** ⑤. This is Swiffers' Lane, an old smuggling route. Walk along Swiffers' Lane and turn sharp **left** at the junction ⑥ and follow the track down into the woods. Be warned that in wet weather the latter ends of the lane can get quite muddy!
- Soon you will come to a wooden footbridge. Cross the footbridge ⑦ and turn immediately **right** to follow the stream as it meanders along.
- Continue to follow the path until you emerge from the woods to Swannington Upgate.
- Walk to the road ⑧ and turn **right** to walk along with the houses on your **left**-hand side.
- Ignore the track off to the **left** after the last house but look out for another fingerpost a few metres further on the **left** ⑨ that takes you up the bank to walk along the edge of another cultivated field.
- Follow this path past two houses on the **right** and look out for a path on the **right** shortly after this ⑩ that takes you back to the road.
- Turn **left** and continue down into Swannington and back to the old water pump to complete your walk.

Walk No.5

