

Walks Around Swannington, Alderford and Attlebridge

No.3 Swannington to Upgate via Swiffers' Lane

Walk distance: 3.15 miles

If you are arriving by car then you can park on the edge of Swannington Common before the old Hastings-Parker water pump.

- With your back to the pump ①, turn **left** up the The Street, under the trees, until you reach St.Margaret's church.
- Turn **right** at the church ② to walk along Church Lane and keep on this road as it passes Swannington Hall and turns sharp **right**.
- The road leads all the way to Swannington Farm to Fork. Follow the road and when you get to Farm to Fork ③ bear **right** along the track that runs to the right-hand side of the farmhouse.
- A short distance further along the track, just after a second house, go through a gate on the **left**. ④
- Walk along the side of a cultivated field until you come to a track. ⑤
- This track is called Swiffers' Lane and is an old smugglers' route.
- Turn **right** onto Swiffers' Lane and follow the track down into the woods. Be warned that in wet weather the latter ends of the lane can get quite muddy!
- Soon you will come to a wooden footbridge. ⑥ Cross the footbridge and turn immediately **right** to follow the stream as it meanders along.
- Continue to follow the path until you emerge from the woods to Swannington Upgate.
- Walk to the road ⑦ and turn **right** to walk along with the houses on your left-hand side.
- Immediately after the last house ⑧ turn **left** along a wide track and follow this track to its end.
- When you reach the road ⑨ turn **right** and follow the road downhill back into Swannington, bearing **left** at the junction ⑩ and back along The Street to the old pump.

Walk No.3

